



Conflict and culture

Journey through Colchester's 2,000-year history

Walk around Colchester and discover the conflict of the past and the culture of the present. Colchester is Britain's oldest recorded town and has a fascinating history as a multicultural settlement.

Discover a legacy of rulers from Belgium, Italy, Germany and Denmark. Find out about other people who left their mark on the town including the Normans, the Flemish and a man who made millions in Mexico. Explore its proud identity as a military town and discover a vibrant arts scene, both of which give Colchester worldwide connections.



Colchester Castle
Rory Walsh © RGS-IBG Discovering Britain

On this walk you will discover some impressive buildings and structures including a restored castle and a ruined priory, a very old wall and a grand town hall, a travellers' inn and a soldiers' canteen, mansions of the wealthy and cottages of the poor, a jumbo brick tower and a golden banana. Be prepared for some surprises!

Location	Colchester, Essex	Suitable for	Families Wheelchairs
Start point	Colchester Town station	Refreshments	Cafes at the Firstsite gallery, The Minories and Holy Trinity Church; other cafes in the town centre
Postcode	CO2 7EF		
Finish point	Holy Trinity Church	Facilities	Public toilets in Castle Park
Distance	1 ½ miles		
Level	A fairly flat town centre route		

Walk the World is part of Discovering Places, the London 2012 Cultural Olympiad campaign to inspire the UK to discover their local environment. Walk the World is delivered in partnership by the Royal Geographical Society (with IBG) with Discovering Places (The Heritage Alliance) and is principally funded by the National Lottery through the Olympic Lottery Distributor.
