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## Conflict and culture

### Journey through Colchester's 2,000-year history

Walk around Colchester and discover the conflict of the past and the culture of the present. Colchester is Britain's oldest recorded town and has a fascinating history as a multicultural settlement.

Discover a legacy of rulers from Belgium, Italy, Germany and Denmark. Find out about other people who left their mark on the town including the Normans, the Flemish and a man who made millions in Mexico. Explore its proud identity as a military town and discover a vibrant arts scene, both of which give Colchester worldwide connections.



Colchester Castle  
Rory Walsh © RGS-IBG Discovering Britain

On this walk you will discover some impressive buildings and structures including a restored castle and a ruined priory, a very old wall and a grand town hall, a travellers' inn and a soldiers' canteen, mansions of the wealthy and cottages of the poor, a jumbo brick tower and a golden banana. Be prepared for some surprises!

<b>Location</b>	Colchester, Essex	<b>Suitable for</b>	Families Wheelchairs
<b>Start point</b>	Colchester Town station	<b>Refreshments</b>	Cafes at the Firstsite gallery, The Minories and Holy Trinity Church; other cafes in the town centre
<b>Postcode</b>	CO2 7EF	<b>Facilities</b>	Public toilets in Castle Park
<b>Finish point</b>	Holy Trinity Church		
<b>Distance</b>	1 ½ miles		
<b>Level</b>	A fairly flat town centre route		

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Walk the World is part of Discovering Places, the London 2012 Cultural Olympiad campaign to inspire the UK to discover their local environment. Walk the World is delivered in partnership by the Royal Geographical Society (with IBG) with Discovering Places (The Heritage Alliance) and is principally funded by the National Lottery through the Olympic Lottery Distributor.

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